

From the Editor :

COMMUNICATION IS KEY

We are a social beings, we aren't meant to exist alone and we cannot even if we try. We need companions to satisfy our needs whether that may be intellectual, emotional, physical or otherwise, and we attain this companionship through our relationships at home, at our workplace, in learning institutions, etc. Basically, we are interdependent. Hence, this interdependence demands that we nurture and build the relationship we have with each others in order to cooperate and have mutual growth. So, how do we nurture and take care of our relationships, so that they help us grow for the better and not be detrimental instead? Well, I'm not saying this is the only sure way to success regarding the matter, but from the little experience that I had two of the most important aspects in maintaining a healthy relationship are mutual trust and communication. Without some level of trust, no relationships can be made whole. Without trust there's enmity which is never healthy. When we say communication it is a two way street, in order that we understand each other, there needs to be talking and listening from both sides. When we can listen and have the patience to take in others' point of view as well as have the self respect to put across our point of view to the other person; only then can relationships prosper and help the parties involved grow through this process and create a better environment. So, from an academic perspective as a teacher, a parent or a student we should be asking ourselves 'Are we nurturing our relationships enough with our students, our children or our parents and teachers so that it can facilitate a healthy environment of growth and learning?'. Each of us have a role and responsibility in shaping ourselves and others around us. Therefore, in conclusion, let's be mindful of our place and responsibilities towards our relationships and give all our best in order to create an environment which is conducive to growth and learning, to becoming the best versions of ourselves one step at a time.

FAMILY VALUES

Everyone of us live with our family. In a family there are mother, father, brother and sister and grandparents. Family is a group of person related to each other by blood or marriage. It is the universal group in the world. The family or the parents are the first to socialised a child. We learn many things from our family. Education begins at home with the family. Our parents always told us to behave properly with others. Our parents also told us to be honest and humble. We must show the same behaviour to all the people around us. Our grandparents also advised us never to be proud and always to be humble. We should all love and respect our family.

- Lawmnunhoih, Class- VIII

A RAINY DAY



Pooja Katwal, Class V

MY PARENTS

My father works and pay my tuition fees.
 My mother cooks food for us and we eat together.
 My father plays with me.
 My mother helps me when I get sick.
 My father buys the things I need.
 I help my mother when she gets sick.
 I help my father when he is hurt.
 I love my parents.

- Lienminthuom, Class III

"A DAZZLING SMILE"

'School' so esteem and close to my heart
Grant a life of passionate adventure
Inculcate the storyline of a scholar
A scholar faces full of life
A life full of unboxed packages
A package of rainbows and butterflies
Ever changing colours

Jaunty and radiantly I welcomed
Bliss I discern when they smile
Left me forlorn when they vamoose
Gratified satisfaction burst out when they erudite
Left me on cloud nine.

Sparkling eyes, bright-eyed and bushy tailed,
Waiting with bated breath to learn
Curiosity filled their thoughts
You acknowledge astounding transformation

Glancing at the playground makes me ponder,
"Could life be additionally magnificent than this?"
A graceful smile they yield in your face
A salvation that filled your life

Love or hatred? I questioned,
Hatred they discard,
Love they added
Our hopes dimmed, they light it up
And scoot us with a dazzling smile.
- Miss Boicy (Ex-Teacher)

WATER POLLUTION



Kaplemsiam, Class IV

THANK YOU MUMMY

Thank you mummy for your love, care and for your constant support.

Thank you for letting me see the beauty of this amazing world.

Thank you for having faith in me despite all the troubles you've faced because of me.

Thank you for being there for me every time I need a friend, love and hug.

Thank you for loving me and helping me unconditionally.

Thank you for giving me all I need.

Thank you for your support in me till today; all that I am is all thanks to you.

Thank you mummy.

- Moilemkim, Class IX

3rd DAY EXAM (ROOM NO 3)



STUDENT OF THE WEEK

| CLASS | NAME |
|-------------|----------------------|
| X | Niengnunmoi |
| IX | Bimala Devi |
| VIII | Celine Ngakmuankim |
| VII | Nenghoikim |
| VI | Sonkhankhual |
| V | Mangsianlal |
| IV | Debbie Lhinghoithiem |
| III | Engie Kimnunhoi |
| II | Khummuansiam |
| I | N.Thoihenbi |
| KG | Phangaihching |
| NURSERY | Vahthenlhing |
| PREPARATORY | Biakthansangi |

ACTIVITIES AHEAD

- * 10th October : Declaration of 2nd Quarterly Exam
- * 14th October : Outing for Class IX and X (Shirui Hills)